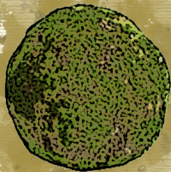


VERDANT NETTLE

Ingredient



With its dark green and yellow speckled mesh, this plant can be easily spotted. It normally grows in forests and can catch a person's feet when traveling if they do not have proper footing. Alchemists like to use this plant to create tonics that enhance one's strength and reflexes.